



Helen Nowack

July 27, 1931 - January 22, 2024

Helen Nowack passed away on January 22, 2024. Helen was born in Helena, Germany on July 27, 1931. At this time, there are no services for Helen. Arrangements are under the direction of Richards Funeral Home of the Mid-Hudson Valley, Inc., 29 Bross Street, Cairo, N.Y., 12413. Condolences and memories of Helen may be shared at www.richardsfuneralhomeinc.net. Full obituary to follow.

Tribute Wall



“ I'm so sorry to hear of Helen's passing. I met Helen when I was 19. She was my boss and became a mother to me. She had such an amazing soul. She took each and every one of her employees as her own, and guided us through life. She loved children and everyone loved her! RIP Helen always in my heart ❤️

Liz Gregoire Watson - January 29, 2024 at 02:39 PM

A blue square logo with the letters "GO" in white.

I met Helen in 1977 and learned everything I know about dining room service from her, during my time at Pleasant View Lodge in Freehold. Helen was crazy for babies and dogs. She always tried to be fierce with the busboys, but she was a softie at heart. We all teased her about her German accent. I can still hear her, "Boys, boys.....make sure yo shek your shares and sugars!"

Gary F. O'Connor - February 08, 2024 at 05:42 PM